

**Canadian Junior High Track Meet
March 23rd, 2018**

DISMISS AT 1:00 – BUS LEAVES AT 1:15

Scratch Meeting 2:30-3:15

NO SUNFLOWER SEEDS OR GUM ON THE INFIELD PLEASE!

Running Final – 3:35

2400 m Run All Jr. High

Jr. High Field Events

Approximate times

	<u>7th boys</u>	<u>8th boys</u>	<u>7th girls</u>	<u>8th girls</u>
<u>3:35</u>	POLE VAULT	SHOT (W)	LONG JUMP	SHOT (E)
	DISCUS	HIGH JUMP		TRIPLE JUMP
<u>4:05</u>	SHOT (W)	POLE VAULT	SHOT (E)	LONG JUMP
	HIGH JUMP	DISCUS	TRIPLE JUMP	
<u>4:35</u>	TRIPLE JUMP	LONG JUMP	DISCUS	HIGH JUMP
			POLE VAULT	
<u>5:05</u>	LONG JUMP	TRIPLE JUMP	HIGH JUMP	DISCUS
				POLE VAULT

Each Competitor will receive 3 attempts on Throws and Horizontal Jumps.

Running Finals 5:30 p.m. (or as soon as field events are over)

400 M Relay	All Divisions = 7 Girls, 8 Girls, 7 Boys, 8 Boys
800 M Run	All Divisions
100 M Hurdles	Girl Divisions
110 M Hurdles	Boy Divisions
100 M Dash	All Divisions
800 M Relay	All Divisions
400 M Dash	All Divisions
300 M Hurdles	All Divisions
200 M Dash	All Divisions
1600 M Run	All Divisions
1600 M Relay	All Divisions

We will be on a rolling schedule so all times are approximate. Have your athletes listen to the P.A.