

Canadian High School Track Meet  
Saturday March 24th

**BUS LEAVES AT 6:45**

Scratch Meeting 8:00-8:45

**NO SUNFLOWER SEEDS OR GUM ON THE INFIELD PLEASE!**

**9:00**

3200 M RUN                      **FINAL (All Divisions)**

**10:00 RUNNING PRELIMS**

400 M Relay  
100 M Hurdles                      Girls Divisions  
110 M Hurdles                      Boy Divisions  
100 M Dash  
400 M Dash  
300 M Hurdles  
200 M Dash

**FIELD EVENTS – Will start at 11:30 or as soon as running prelims are finished**

**3 attempts then top 7 to finals**

	<b><u>JV BOYS</u></b>	<b><u>VARSITY BOYS</u></b>	<b><u>VARSITY GIRLS</u></b>
<b><u>11:30</u></b>	POLE VAULT	SHOT	DISCUS
	LONG JUMP	HIGH JUMP	TRIPLE JUMP
<b><u>12:15</u></b>	DISCUS	POLE VAULT	SHOT
	HIGH JUMP	TRIPLE JUMP	LONG JUMP
<b><u>1:00</u></b>	TRIPLE JUMP	LONG JUMP	HIGH JUMP
	SHOT	DISCUS	POLE VAULT

**RUNNING FINALS – 2:30 or 30 minutes after the field events are completed**

400 M Relay  
800 M Run  
100 M Hurdles                      Girls Divisions  
110 M Hurdles                      Boy Divisions  
100 M Dash  
800 M Relay  
400 M Dash  
300 M Hurdles  
200 M Dash  
1600 M Run  
1600 Relay