

**Spearman Lynx Relays
Thursday March 29th**

DISMISS AT 10:45 – LEAVE AT 11:00

Scratch Meeting 11:00-12:00

FIELD EVENTS – Will start at 12:30

3 attempts then top 7 to finals

| | <u>JV BOYS</u> | <u>VARSITY BOYS</u> | <u>VARSITY GIRLS</u> |
|---------------------|-----------------------|----------------------------|-----------------------------|
| <u>12:30</u> | TRIPLE JUMP | LONG JUMP | POLE VAULT |
| | SHOT PUT | DISCUS | HIGH JUMP |
| | | | |
| <u>1:45</u> | DISCUS | POLE VAULT | SHOT |
| | HIGH JUMP | TRIPLE JUMP | LONG JUMP |
| | | | |
| <u>3:00</u> | POLE VAULT | SHOT PUT | TRIPLE JUMP |
| | LONG JUMP | HIGH JUMP | DISCUS |

2:00 3200 meter run (JVB, VG, VB)

5:00 RUNNING FINALS

400 M Relay
800 M Run

100 M Hurdles
110 M Hurdles
100 M Dash
800 M Relay
400 M Dash
300 M Hurdles
200 M Dash
1600 M Run
1600 Relay

Girls Divisions
Boy Divisions